



Health Care Happenings

A Pueblo Community Health Center Update

2nd Quarter 2023

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A few smiling faces of PCHC's OB/Perinatal Team

PCHC OB/Perinatal Services

Pueblo Community Health Center OB/Perinatal department cares for some of the most complicated, at-risk patients in Pueblo. With 32 employees and providers offering high quality health care to the community's neediest population, parents-to-be choose PCHC because of the wide range of programs and services offered.

What can a potential patient expect? Pregnancy tests are free and available to anyone (regardless of whether they are a registered patient or not). Should the person choose to receive services at PCHC, streamlined registration, OB intake, and case management are all part of the onboarding process. In addition to prenatal care, PCHC patients have access to behavioral and dental health care, treatment for substance abuse, health education, high-risk OB care provided by local OB/GYNs, ultrasounds, and transportation services. A dedicated triage department allows patients to speak with an RN and typically can offer same day appointments when needed.

Breastfeeding support as well as Women, Infants, and Children (WIC) representatives are available onsite weekly for program enrollment. WIC is public health nutrition program that grants funding to low-income pregnant and breastfeeding women and their children under the age of five. PCHC also houses the Nurse Family Partnership (NFP) program which is a free nurse home visitor program that supports first time moms beginning in pregnancy and through the child's 2nd birthday.

In 2022, PCHC delivered 475 babies--about one in three born in Pueblo County. Staff and providers have a heart for making the patient's pregnancy and birth experience the best possible and can access resources necessary to help achieve it.

Do you or someone you know need OB/Perinatal care? Please refer them to PCHC to receive compassionate, high-quality care. For more information, please visit www.pueblochc.org or call (719) 543-8711.

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Chief Medical Officer

Levi Murray, DDS
Chief Dental Officer

Jason Pitts
Chief Operations Officer

Phillip Davis
Chief Financial Officer

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Chief Development/
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Letter from the CEO

Dear Friends,

About a half to a dozen times a year, I mail a note of congratulations to an employee who has welcomed a newborn into their family. It always gives me joy to send them – each time I do it refreshes my memory of when our two girls were born and those early days getting settled into a new phase of life. It is always great news to hear that a co-worker has had a healthy baby and is bonding with him or her.


A healthy baby is a blessing and one that comes about as a result of care, nurturing, and, the guiding hand of Mother Nature. Pueblo Community Health Center is involved in one out of three births in Pueblo County. Most deliveries are uncomplicated and the baby is born with a good constitution and health. However, about one out of nine times the babies face adversity coming into the world and are born too small and/or too early. These babies are at risk for a lifetime of health and developmental challenges. In the most difficult deliveries, the baby must remain in the hospital for weeks to reach a viable weight and functioning.

Compared to Pueblo's population at large PCHC cares for the most high risk pregnant women. They receive care from experts: nurses, doctors, midwives, therapists, dentists, pharmacists, and all the support services staff that are available to serve them. Despite the risk factors patients face, eight of nine babies are born healthy! The comprehensive prenatal care patients receive at PCHC is the best a mom can receive; it's really second to none. PCHC is helping to deliver joy!

I would be remiss if I did not thank the key partners we have that support our perinatal system of care: local OB/Gyn doctors, Parkview Medical Center, Southern Colorado Family Medicine Family Practice Residency, and Pueblo Department of Public Health & Environment Women, Infant, and Children program.

If you are anticipating a new life coming into your family, I send my sincere hopes that all will be well before, during, and after the birth.

Peace to you and your loved ones,



Donald Moore, CEO
Pueblo Community Health Center



Giving to PCHC Changes Lives

For 40 years, PCHC has served the health care needs of the people of Pueblo regardless of a patient's ability to pay. PCHC is proud to offer expanded health care services including primary medical, dental, behavioral health, laboratory, and pharmacy. We appreciate your consideration and hope you will help us perpetuate our mission by making a donation to Pueblo Community Health Center Foundation.

All funds raised by PCHC Foundation will be allocated to our East Side Clinic capital campaign--*With You, We Can*. Any donation is appreciated and no gift is too small. We will acknowledge all who contribute on our donor wall in the new clinic through the 2023 campaign. Your support will make a difference in the lives of the people who trust their health needs to our providers and receive services in the heart of Pueblo's east side neighborhood.

If you would like to learn more about naming opportunities or planning for larger gifts, please contact Laura Kelly, Chief Development and Foundation Officer at (719) 543-8718 x152 or email lkelly@pueblochc.org. Thank you for caring about those in need and investing in Pueblo's east side.

Mission

Since 1983, Pueblo Community Health Center has provided primary care to those in need

Meet Sue Cozzetta

Years with PCHC: 27 1/2 years

What you do at PCHC: Director of Perinatal Nursing Services

Where are you from: Pueblo

Where did you go to school? South High School

Hobbies/Interests: Many crafts, walking, and biking

Favorite food/restaurant: Mexican food - anywhere

Favorite movie: The Proposal

Favorite music/band: George Strait

Favorite place to vacation: Anywhere with a beach

Most surprising talent: I've done a 10,000-piece puzzle, by myself

Most rewarding aspect of your job: Seeing the difference we can make in our patient's lives to help them have the best possible pregnancy outcome.

Anything else you'd like to add? I love my staff and their commitment to the mission of PCHC. I feel fortunate to work here and helping the department grow from 2 to 21 employees over the years.



Locations

(719) 543-8711

Colorado Avenue Clinic
300 Colorado Avenue
Pueblo, Colorado 81004

**Pharmacy & Administrative Services
(Patient Registration, Patient
Accounts & Human Resources)**
110 East Routt Avenue
Pueblo, Colorado 81004
(719) 476-0214 (Pharmacy)

**East Side Clinic - Medical, Dental
& Pharmacy**
1301 East 7th Street
Pueblo, Colorado 81001
(719) 476-0220 (Pharmacy)

O'Rourke Dental Clinic
2030 Lake Avenue
Pueblo, Colorado 81004

Avondale Clinic
328 Avondale Boulevard
Avondale, Colorado 81022

Grand Avenue Clinic
1008 North Grand Avenue
Pueblo, Colorado 81003

**Central High School-Based
Wellness Center**
216 East Orman Avenue
Pueblo, Colorado 81004

**Chávez/Huerta K-12
Preparatory Academy School-Based
Wellness Center**
2727 West 18th Street
Pueblo, Colorado 81003

**Pueblo County High School-Based
Wellness Center**
1050 35th Lane
Pueblo, Colorado 81006

**Pueblo Community College
The Student Health Clinic**
900 West Orman Avenue, MT 118
Pueblo, Colorado 81004

Walsenburg OB Clinic
23450 US Highway 160
Walsenburg, Colorado 81089

Administration & Foundation
112 East Pitkin Avenue
Pueblo, Colorado 81004

Patient Population



Race and Ethnicity:

- ◆ **60% of patients at PCHC are racial and/or ethnic minorities**
The largest percentage is comprised of people of Hispanic/Latino ethnicity--57%
- ◆ **81% of PCHC patients live at or below 200% of Federal Poverty Level (FPL)**
(FPL at 200% for a family of 4 is annual income of \$55,500 in 2022)
- ◆ **55% of PCHC patients live at or below 100% of Federal Poverty Level**
(FPL at 100% for a family of 4 is annual income of \$27,750 in 2022)

Vision

To be the primary health care provider of choice in Pueblo County by providing top quality care through accessibility, leadership and financial independence



Pueblo Community Health Center

110 East Routt Ave.
Pueblo, Colorado 81004

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Please consider donating to help Pueblo's families in need of high quality, affordable health care.

Amount

- \$25 \$50 \$100
 \$200 Other _____

- Check enclosed, payable to: PCHC Foundation • 110 E. Routt Ave. • Pueblo, CO 81004
 Charge my credit or debit card:

Card Number _____ Expires (mo/year) _____

Card Billing Address _____

Signature _____

Name: _____

Mailing Address: _____

City: _____ State: _____ Zip: _____

Email: _____ Phone: _____

Have you remembered us in your will or trust? Please contact us to learn more (719) 543-8718 x152 or lkelly@pueblochc.org.