



Pueblo  
Community  
Health Center



Annual Report 2022



# Pueblo Community Health Center



Don Ortega  
Board President



Donald Moore  
Chief Executive Officer

Dear Friends:

On behalf of the Board of Directors, we are pleased to present our 2022 Annual Report to you. Significant strides were made to fulfill our commitment to provide the highest quality, accessible health care possible and to serve the community in a manner worthy of its admiration.

The year started with a huge success – all patient care operations were moved from the Park Hill Clinic to the East Side Clinic, it opened in January and resulted in a positive impact on access. The East Side Clinic offers medical, dental, and behavioral health services. There is an onsite pharmacy. Total patients served in 2022 was 7,404 compared to 6,645 in 2019 (the last full year before the pandemic), and 920 were new patients. The East Side Clinic enabled our second dental clinic site to open in July serving 478 clients of which 19% were new patients.

With the opening of the East Side Clinic, PCHC became the first health care organization *in the nation* to operate a facility on a “net zero energy” basis, which means the building produced more energy than it consumed thereby reducing greenhouse gas emissions. Even though the East Side Clinic is a third larger than our Colorado Avenue Clinic building the utility costs are two-thirds less and drive savings that can be put towards patient services.

PCHC realized an increase in the total number of people it served, at all sites, in 2022 (24,077) compared to 2021 (22,744), a 6% increase. It was pleasing to see patients returning to primary and preventive care. However, in 2019, PCHC served 27,381 and we intend to build on our 2022 growth. In addition to serving more people, PCHC served them very well. The federal government designated PCHC as a “2022 Gold Quality Award” (top 10% when compared to community health center peers) based on its patient outcomes, which was a repeat performance from 2021.

Three of our Board members, two of who are PCHC patients, have strong, long-term connections to Pueblo’s east side neighborhood. It is their opinion that PCHC’s East Side Clinic investment, the stellar patient care outcomes, and the ability for people who need care to access it are engendering trust with the community and the families we serve. Ultimately, that is an achievement that numbers cannot fully describe. We are grateful for your support and intend to continue to be good stewards of our mission *to provide primary health care to those in need*.

Respectfully,

Don Ortega  
Board President

Donald Moore  
Chief Executive Officer

## Board of Directors 2022

Don Ortega, President  
Linda Rikhoff, Past President  
Louis Balizet, President-Elect  
Steve Shirley, Treasurer  
Yesenia Beascochea, Secretary

Shirley Cordova  
Michael Gage  
Sandra Leming  
Tracy Phillips  
Arthur Yarbrough, Jr.

# Who We Are

## Mission

Since 1983, Pueblo Community Health Center has provided primary care to those in need

## Core Values

- ◆ Regardless of race, age, gender, disability, values, lifestyle or interests, all should be treated with **dignity** and **respect**
- ◆ **Compassion** and **empathy** for others is crucial to the success of our organization
- ◆ **Honesty** and **integrity** in relationships is paramount
- ◆ **Quality** health care and **customer service** at the highest level is what our patients deserve
- ◆ **Teamwork** and **cooperation** help Pueblo Community Health Center achieve its mission

## Executive Leadership Team

Donald Moore, Chief Executive Officer  
Claire Reed, MD, Chief Medical Officer  
Levi Murray, DDS, Chief Dental Officer

Laura Kelly, Chief Development/Foundation Officer  
Jason Pitts, Chief Operations Officer  
Phillip Davis, Chief Financial Officer

## Providers\*

Paulina Adjei, CNP  
Julie Anderson, LCSW  
Abigail Arinder, PA-C  
Mindy Armijo, LPC  
Lisa Auriti, LPC  
Tsomorlog Austin, FNP-C  
Christi Bader, NP  
Danyel Baker, DO  
Vanessa Becerril, PA-C  
Brian Bentz, CNP  
Derek Bonds, LPC  
Nicole Bower, LCSW  
Laura Brewer, PA-C  
Richelle Brown, LPC  
Joseph Bulow, PA-C  
Michelle Carlo, RDH  
Joseph Castelli, MD  
Martin Chrisman, CNP  
Tracey Clark, LPC  
Elizabeth Cochran, DDS  
Courtney Collings, DDS  
Prudencio Cosyleon, LCSW  
Maria Cramer, LCSW  
Nathan Culbertson, MD  
Tam Dang, DDS  
Penny Daugherty, RDH  
Gregory Day, DDS  
Amy Deitemeyer, PA-C  
Leslie Dempsey, MD  
Dylan DeVries, PA-C  
Melissa Dunn, MD  
Nathaniel Dvarishkis, DDS  
Austin Ethridge, PA-C  
Lynne Evetts, CNP  
Cynthia FallHowe, MD

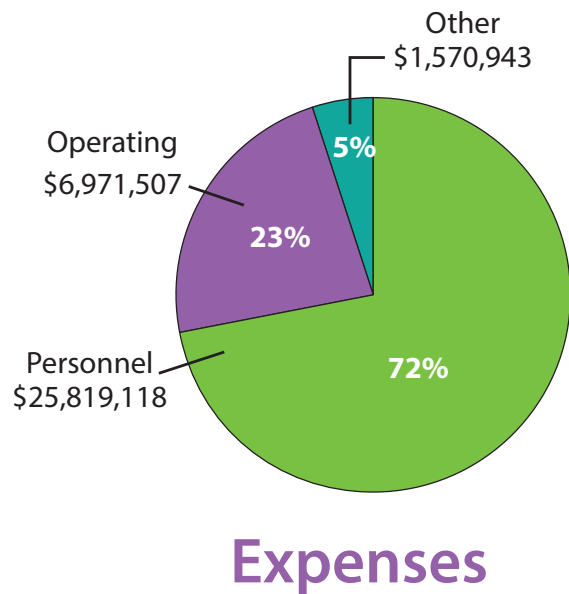
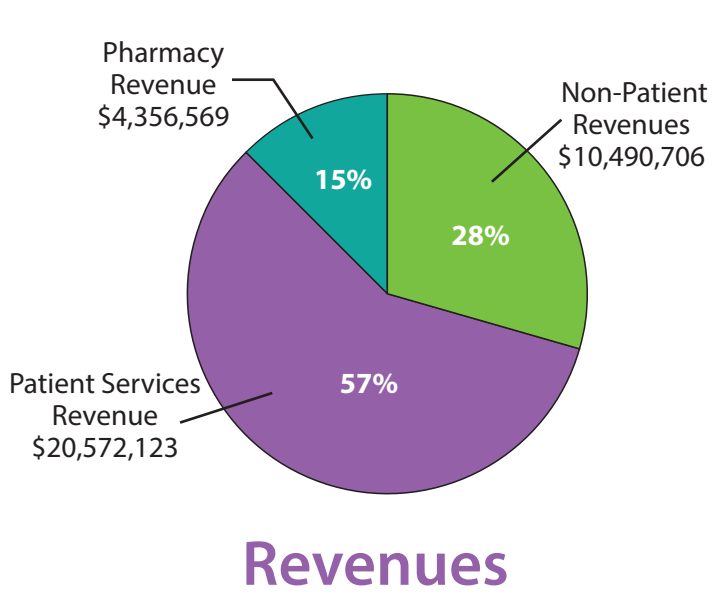
Kendra Fejedelem, CNP  
Anna Fernandez, CNM  
Jill Finegold, LPC  
Josefina Fitzgerald, DDS  
Samantha Frankmore, CNP  
Ginger Frederiksen, MD  
Leslie Frederiksen, MD  
Casey Fuller, PMHNP  
Erika Gallardo, PA-C  
Jennifer Gallegos, CNM  
Dennis Gimlin, DDS  
Lauren Gomez, PA-C  
Stacie Gonzales, LCSW  
Regina Griego, FNP-C  
Michael Growney, MD  
Laura Grunewald, CNP  
Audra Hazel, CNP  
Chad Hess, PA-C  
Donald Higdon, LCSW  
Dayna Hochevar, PA-C  
Brett Hulet, MD  
Jan Hunt, MD  
Anna Inserra, PA-C  
Susanna Jacobs, DPM  
Cynthia Jimenez, LCSW  
Erika Johnson, CNM  
Robert Johnson, DO  
Steven Johnson, MD  
Denise Kidd, LPC  
Richard King, MD  
Rona Knudsen, MD  
Christian Korkis, MD  
David Krause, MD  
Carly LaCroix, DO  
Donna Lagrotteria, MD

Maria Lengele, CNM  
Melissa Lesavoy, MD  
Lynn R Leyba, CNP  
Valerie Lobato, PA-C  
Ashlie Long, FNP-C  
Samuel Longfellow, DO  
Shaundra Lujan, CNM  
Fernando Mahmoud, MD  
Kelsey Markenson, CNP  
Marcella Masterson, CNP  
Kelly McLean, CNP  
Kevin McNabb, PA-C  
Matthew Mejia, PsyD  
Nathan Miller, DDS  
Cherie Millirons, PA-C  
Laura Molina, MSW Candidate  
Aaron Murray, DDS  
Donna Musso, RDH  
Steven Nafziger, MD  
Mayline Nambela-Barlow, MD  
Rachel Nash, PA-C  
Carrie Neumann, LPC  
Grant Nichols, PA-C  
Rachel Niemet, MD  
Eva Nunez, LPC  
Darcy Olivas, CNP  
Gloriean Ortiz, LPC  
James Owen, DDS  
Kimberly Pallazola, CNP  
Sraavanthi Paritala, MD  
Stephanie Parker, DO  
Stephanie Payne, DO  
Carlton Pearse, MD  
Michele Pennington, MD  
Shyla Prijatelj, RDH

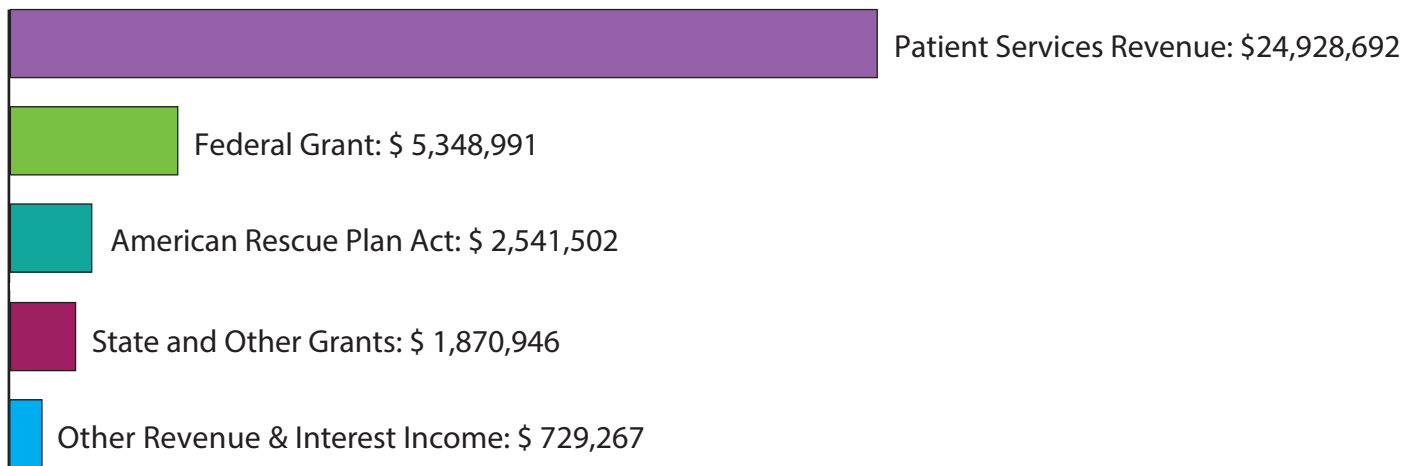
Patricia Quillen, CNM  
Michael Ramos, MD  
Wendy Raso, CNM  
Claire Reed, MD  
Lisa Rich, CNM  
Dana Riley, MD  
Melissa Rogers, CNP  
Lindsey Romero, MD  
Sudheshna Ropp, MD  
James Roukema, DO  
Liberty Ruiz, CNP  
Patricia Sabatini, MD  
Jillian Sakariason, DDS  
Mark Schwartz, MD  
Deborah Shaffer, CNM  
Lindsey Smith, PA-C  
Ansley Smitherman, CNP  
Lesli St. John, LPC  
Brittany Stadterman, PA-C  
Jesusita Tafoya, CNP  
Samuel Taibi, PA-C  
Tamara Taibi, MSW  
Alvin Tang, CNM  
Julie TenBrook, PMHNP  
Jennifer Vail, CNM  
Alfredo Vargas, MD  
Jerriann Vigil, PA-C  
Jeanne Walsh, LPC  
Kelly Wetherill, PA-C  
Cassandra Yoder, MD  
Amy Yuan, MD  
Joseph Zufall, DDS

\* MDs are Board Certified in their specialty

# Financial Data



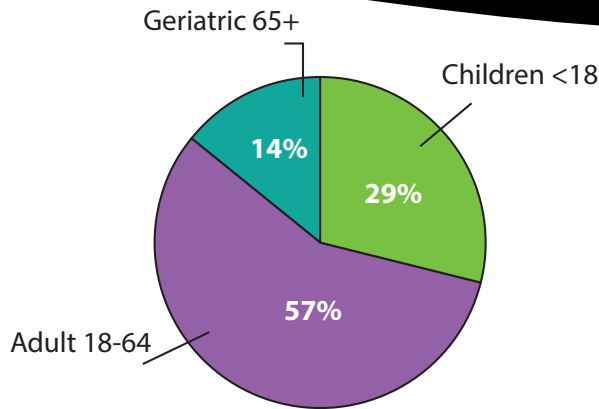
## Revenue Summary



## Consolidated Balance Sheet

Total Assets	\$ 53,414,647
Total Liabilities	\$ 14,925,400
Net Assets	\$ 38,489,247
<b>Total Liabilities and Net Assets</b>	<b>\$53,414,647</b>

# Patients & Quality



## Total Patients:

◆ 24,077

## Race and Ethnicity:

- ◆ **60% of patients at PCHC are racial and/or ethnic minorities**  
The largest percentage is comprised of people of Hispanic/Latino ethnicity--57%
- ◆ **81% of PCHC patients live at or below 200% of Federal Poverty Level (FPL)**  
(FPL at 200% for a family of 4 is annual income of \$55,500 in 2022)
- ◆ **55% of PCHC patients live at or below 100% of Federal Poverty Level**  
(FPL at 100% for a family of 4 is annual income of \$27,750 in 2022)

## Primary Care Outcomes:

- ◆ **74% of patients have their blood pressure under control (<140/90)**  
22% of all patients have hypertension (high blood pressure)
- ◆ **82% of all patients 12 years and older are screened for depression**  
15% of patients have depression
- ◆ **10% of patients have accessed PCHC dental services**

## Activity at PCHC in 2022:

- ◆ Total visits (all sites):
 

Medical	93,851
Dental	13,198
Behavioral Health	13,910
	<b>120,959</b>
- ◆ Total prescriptions filled:
 

Routt Pharmacy	32,074
East Side Clinic Pharmacy	18,193
	<b>50,267</b>
- ◆ Total babies delivered: **475**

## Quality Care:

Early Access to Prenatal Care	89%
Adult Weight and Screening	88%
Cholesterol Treatment	88%
Ischemic Vascular Disease	84%
Tobacco Screening and Intervention	96%
Healthy Birth Weight	89%
Patients See Their PCP or Team	83%
Cervical Cancer Screening	60%

# Investing in Energy Sustainability

When the Pueblo Community Health Center (PCHC) Board of Directors voted to move forward with construction of the East Side Clinic, it was summer of 2020 and there was tremendous uncertainty about many things in the world. But one thing that became clear was the Board's commitment to constructing a clinic that could be zero energy verified and their forward-focused vision aligned with global, national, state, and local calls to curb climate change.

The pursuit of zero energy for the East Side Clinic began in the early stages of design with a fully integrated process and the development of a zero-energy road map in partnership with RTA Architects, engineering consultant Farnsworth Group, general contractor Bryan Construction, and PCHC leadership. In addition, the city of Pueblo adopted a resolution that sets a vision to use 100% renewable energy by 2035. As a leading health care provider and a nonprofit charitable organization that contributes to the quality of life in Pueblo, PCHC wanted to align its organizational sustainability goals with that of the community's.

For those unfamiliar with zero energy design, simply put, zero energy buildings are any structures that only consume energy they produce renewably. In the case of PCHC, it meant considering every aspect of maximizing efficiency including position of the structure on the lot, building materials used in the construction of the facility, use of photovoltaic/solar panel and geothermal underground well systems, as well as state-of-the art insulation and lighting controls.

One of only ten nationally according to New Buildings Institute (NBI), PCHC is proud to share that the East Side Clinic is the first zero energy verified outpatient health care facility in North America. To achieve such an accomplishment, it is estimated that the total cost of maximizing the building's energy efficiency added approximately \$1.5M to the cost of the \$24M project price tag. This increase in cost represents an investment that, based on its first year of occupancy, will pay off for the community and organization now and for decades to come.

There are several ways that zero energy efficiency was measured in the facility. They include the following: The clinic produced 12,720 kWh (kilowatt hours) more than it used from Black Hills Energy; 44% of the building's energy needs were provided by onsite solar power; and energy cost per square foot at the East Side Clinic (64,000 square feet) was 38% of the cost at the smaller (48,000 square feet) Colorado Ave Clinic.

The East Side Clinic project demonstrates how cost-effectiveness and environmental stewardship are complementary and PCHC is proud to lead the way for the community and industry.

## East Side Clinic Energy Efficiency



Square Feet	64,000
Photovoltaic System (kWh/Yr)	483,000
Geothermal System	32 Bores / 500'
Supports Pueblo's goal for 100% renewable energy by 2035	
Energy savings pays for zero energy capital investment in 7 Years	
1st zero energy verified health care facility in North America	

Dear Friends of PCHC Foundation,

We would like to begin our annual update with a heartfelt thank you to our board of directors, donors, and employees. Without your support and generosity, we could not have had the success we did with fundraising efforts and ability to grow PCHC Foundation (PCHCF) this past year. We are grateful for you and your support in our work. Thank you!

After two years of cancelled events, on June 10, 2022, PCHCF was finally able to host its annual fundraiser—a dueling pianos show with entertainment provided by the Killer Keyz. The Fiesta Fundraiser featured tacos, tequila, and tunes and drew a crowd of about 200 supporters. The crowd, while smaller than usual, was no less enthusiastic or generous. The board attributed the smaller numbers to the change in date (from October to June) and plan to hold the 2023 event on October 13<sup>th</sup>.

For the first time, the affair was hosted at the Sangre de Cristo Arts and Conference Center and the ballroom was transformed with authentic Mexican décor that included black table covers with sarape runners, papel picado (colorful paper flags) hung from the ceiling, handmade tissue paper flowers, sombreros, pinatas, and decorative cacti finished the scene.

Big-hearted Board members donated silent auction items that included stock the bar baskets, Yeti cooler, firepit, Colorado State University-Pueblo football gear and tickets, TR Toppers candy basket, and salsa lessons complete with margarita glasses, mix, and tequila. The talented Board members also hand painted margarita glasses and sold them to great success.

Generous underwriters in attendance at the event included the following: Legacy/INBank; Thornton Medical; Gobin's Inc.; El Pomar Foundation; Parkview Health System; The Colorado Trust; Laboratory Corporation of America; St. Mary Corwin Medical Center; Sonntag Family Dentistry; Frontier Home Health; CLA (Clifton Larson Allen, LLP); Black Hills Energy; Pueblo Community College; RTA Architects; Vectra Bank; Ent Credit Union; Total Office Solutions; CSU Pueblo Foundation; Sangre de Cristo Community Care; CommonD; Jennelle Chorak and Michael Salardino, Financial Advisors; Schuster's Printing; Latino Chamber of Commerce; Team Sandoval-Remax Associates; and Pueblo Diversified Industries.

Finally, 2022 marked the second year of our three-year *With You We Can* campaign in support of the East Side Clinic. Through generous employees and community members, the foundation raised \$125,000 which brought the total contribution to PCHC through the foundation to \$547,902 for the campaign. As a supporter and champion of PCHC and the Foundation, we appreciate you! We are excited to have you visit our East Side Clinic and see your name on our 2<sup>nd</sup> floor donor wall.

Thank you for your commitment to health care access for all. We would be happy to answer any questions you may have about our 2023 event, request for a tour of the East Side Clinic, or naming opportunities that remain.

Wishing you good health,



Vanessa Kochevar  
PCHC Foundation Board President



Laura Kelly, MSA  
Chief Development/Foundation Officer



Vanessa Kochevar  
Foundation Board President



Laura Kelly  
Chief Foundation Officer

## Board of Directors 2022

Vanessa Kochevar, President  
Erin Hergert, Vice President  
Jenna Mangino-Lovato, Secretary/Treasurer  
Rosina Moreno Sonntag, Past President

Christine Pittman  
Ann Marie Pruden  
Janella Wilson-Sandoval

# Locations

(719) 543-8711

**Colorado Avenue Clinic**  
300 Colorado Avenue  
Pueblo, Colorado 81004

**Administrative Services  
Pharmacy**  
110 East Routt Avenue  
Pueblo, Colorado 81004  
(719) 476-0214 (pharmacy)

**East Side Clinic - Medical, Dental & Pharmacy**

1301 East 7th Street  
Pueblo, Colorado 81001  
(719) 476-0220 (Pharmacy)

**O'Rourke Dental Clinic**  
2030 Lake Avenue  
Pueblo, Colorado 81004  
(719) 564-4823

**Avondale Clinic**  
328 Avondale Boulevard  
Avondale, Colorado 81022

**Grand Avenue Clinic**  
1008 North Grand Avenue  
Pueblo, Colorado 81003

**Walsenburg OB Clinic**  
23450 US Highway 160  
Walsenburg, Colorado 81089

**Administration & Foundation**  
112 East Pitkin Avenue  
Pueblo, Colorado 81004

**Central High School-Based Wellness Center**

216 East Orman Avenue  
Pueblo, Colorado 81004

**Chavez-Huerta Preparatory Academy  
School-Based Wellness Center**

2727 West 18th Street  
Pueblo, Colorado 81003

**Pueblo County High School-Based Wellness Center**

1050 35th Lane  
Pueblo, Colorado 81006

**Pueblo Community College  
Student Health Clinic**

900 West Orman Avenue, MT 118  
Pueblo, Colorado 81004

