

Health Care Happenings

A Pueblo Community Health Center Update

3rd Quarter 2023

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Dental for All

For the first time ever, PCHC is expanding dental care access in Pueblo at both the new East Side Clinic location as well as the O'Rourke Dental Clinic on Lake Avenue. Available to patients regardless of insurance status (Medicaid, private insurance or uninsured), no one is ever turned away for inability to pay. Services available to patients include exams, digital x-rays, cleanings, fillings, extractions, root canals, and full and partial dentures.

PCHC has offered high quality dental care services since 1987—beginning at PCHC's Avondale Clinic (and later out of a smaller, Colorado Avenue location). The program was expanded in 2001 when it opened the O'Rourke Dental Clinic, and with an expansion of that site in 2011, its capacity doubled. The East Side Clinic once again enables PCHC to expand services to even more needy Puebloans.

The American Dental Association recommends that all people, regardless of age, see their dentist once every six months. Poor oral health is an impediment to good overall health and common issues many adults face includes untreated tooth decay, gum disease, tooth loss, and oral cancer. Having a chronic disease such as arthritis, heart disease or stroke, diabetes, emphysema, hepatitis C, and obesity may all increase a person's risk of developing oral health problems. For patients with diabetes, treating gum disease can help lower blood sugar level.

PCHC encourages its patients to take advantage of integrated, whole-person, all-inclusive care offered at our many locations throughout Pueblo. We help patients by offering access to comprehensive treatment plans, coordinated by a care team, that addresses the physical, psychological, and social needs—uniquely tailored to each individual and family.

PCHC encourages you to call our dental office today at 719-564-4823 to see if we can help you access the care you need to achieve your best health.

www.pueblochc.org

Executive Leadership

Donald Moore Chief Executive Officer

Steven Nafziger, MD Interim Chief Medical Officer

Levi Murray, DDS Chief Dental Officer

Jason Pitts Chief Operations Officer

Phillip Davis Chief Financial Officer

Laura Kelly Chief Development/ Foundation Officer, Editor



Louis Balizet, MD, President Linda Rikhoff, RN, Past President Yesenia Beascochea, President-Elect Sandra Leming, Secretary Steve Shirley, Treasurer Board Members: Michael Gage Acthur Yachrouch

Arthur Yarbrough Shirley Cordova Tracy Phillips Alexis Romero Stewart Terri Weldon Richard Duran

Foundation Board of Directors

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Janella Wilson-Sandoval, Secretary/Treasurer

Board Members: Frank Golob Christine Pittman Ann Marie Pruden Bryan Serena

Letter from the CEO

Dear Friends,

Believe it, or not, its been three years since we broke ground on the East Side Clinic. It has been open since January 2022 and we now have a year and half of results on which to reflect. A few data points are worth sharing to underscore the wisdom of our Board's investment and your support of the project.

- 1. The number of patients served in 2022 (first full year of operation) was greater than the patients served in 2019 (last full year of operation, pre-pandemic at the Park Hill Clinic).
- 2. Through August of this year, the patients served is on track to exceed 2022.
- 3. 2022 patient visits for medical, dental, and mental health exceed 2019. This trend continues into 2023. For our dental program, the growth is significant.



The reason the dental program has grown is it opened in mid-2022 with part-time hours. In 2023, we were able to assemble the budgetary resources to fully staff the East Side and Lake Avenue Clinics, and offer the maximum number of appointments. The results reflect how much unmet need there is. For example, from January through May of this year our patient visits were between 600-700 per month, and the activity has grown each month since. In August we delivered more than 1,300 visits.

PCHC's Board challenged management to increase integrated care in its 2023-2025 Strategic Plan. Accordingly, a goal to offer dental care to more established patients who trust PCHC to be their primary care provider. In 2022, 10% of established medical patients accessed dental care. We will improve this result. In particular, we want to make sure high risk patient populations (pregnant women, seniors, people managing chronic diseases such as diabetes and cardiovascular disease) receive dental care because it supports good outcomes.

I cannot thank you enough for your support. I hope this update gives you a sense of pride because you helped us get to where we are today. Enjoy the fall season - my favorite time of the year.

Best wishes, Honahl Moore

Donald Moore, CEO Pueblo Community Health Center

Giving to PCHC Changes Lives

For 40 years, PCHC has served the health care needs of the people of Pueblo regardless of a patient's ability to pay. PCHC is proud to offer expanded health care services including primary medical, dental, behavioral health, laboratory, and pharmacy. We appreciate your consideration and hope you will help us perpetuate our mission by making a donation to Pueblo Community Health Center Foundation.

All funds raised by PCHC Foundation will be allocated to our East Side Clinic capital campaign--*With You, We Can.* Any donation is appreciated and no gift is too small. We will acknowledge all who contribute on our donor wall in the new clinic through the 2023 campaign. Your support will make a difference in the lives of the people who trust their health needs to our providers and receive services in the heart of Pueblo's east side neighborhood.

If you would like to learn more about naming opportunities or planning for larger gifts, please contact Laura Kelly, Chief Development and Foundation Officer at (719) 543-8718 x152 or email lkelly@pueblochc.org. Thank you for caring about those in need and investing in Pueblo's east side.



Since 1983, Pueblo Community Health Center has provided primary care to those in need

Meet Dr. Levi Murray

Years with PCHC: 1.5 glorious years

What you do at PCHC: I am the Chief Dental Officer. I support the growth and development of the dental department and work with an amazing team of dentists, hygienists, dental assistants, and reception team members. My main goal is to continue the legacy of great care at PCHC through the expansion of dental service access to PCHC patients and the community.

Where are you from: I grew up in Albuquerque, NM.

Where did you go to school? I earned a bachelor's degree in biology from the University of New Mexico, a DDS degree from Creighton University, and a Master of Theology degree from Global Ministries University.

Hobbies/Interests: I enjoy running, reading, preaching, and cooking.

Favorite food/restaurant: Tacos are my absolute favorite food. Al pastor, chorizo, and carne asada are some of my favorites. I don't care if it's a 5 star restaurant or a roadside taco truck – I'll try 'em all!

Favorite movie: Inception is a great mindbender. I love movies that make you think and challenge your worldview.

Favorite music/band: Some of the music on my playlist currently includes music from U2, NEEDTOBREATH, Banners, and all the great hits from the 80's.

Favorite place to vacation: I'm happy in the mountains or on the beach. I've got New Zealand on my bucket list where the beaches and the mountains are right next to each other!

Most surprising talent: I think people are most surprised to learn that I preach part-time at my church.

Most rewarding aspect of your job: Giving a patient a mirror so they can see their new smile after putting their new dentures in for the first time.

Anything else you'd like to add? I'm happy to be a part of the PCHC team and help provide access to quality care here in Pueblo.

Dental Care at PCHC

Patient Encounters	²⁰²² 8,769	2023 to Date 7,885
Dentures	2022 68	2023 to Date 87
General Dentists on Staff	2022 4	2023 to Date 9





(719) 543-8711

Colorado Avenue Clinic 300 Colorado Avenue Pueblo, Colorado 81004

Pharmacy & Administrative Services (Patient Registration, Patient Accounts & Human Resources) 110 East Routt Avenue Pueblo, Colorado 81004 (719) 476-0214 (Pharmacy)

East Side Clinic - Medical, Dental & Pharmacy 1301 East 7th Street Pueblo, Colorado 81001 (719) 476-0220 (Pharmacy)

> O'Rourke Dental Clinic 2030 Lake Avenue Pueblo, Colorado 81004

Avondale Clinic 328 Avondale Boulevard Avondale, Colorado 81022

Grand Avenue Clinic 1008 North Grand Avenue Pueblo, Colorado 81003

Central High School-Based Wellness Center 216 East Orman Avenue Pueblo, Colorado 81004

Chávez/Huerta K-12 Preparatory Academy School-Based Wellness Center 2727 West 18th Street Pueblo, Colorado 81003

Pueblo County High School-Based Wellness Center 1050 35th Lane Pueblo, Colorado 81006

Pueblo Community College The Student Health Clinic 900 West Orman Avenue, MT 118 Pueblo, Colorado 81004

Walsenburg OB Clinic 23450 US Highway 160 Walsenburg, Colorado 81089

Administration & Foundation 112 East Pitkin Avenue Pueblo, Colorado 81004



To be the primary health care provider of choice in Pueblo County by providing top quality care through accessibility, leadership and financial independence

3rd Quarter 2023





NON PROFIT ORG US POSTAGE PAID PUEBLO, CO PERMIT #43

	<u>Amount</u>			
Pueblo Community	\$25	\$50	\$100	
Foundation —	\$200	Other		
		payable to: PCHC Foun	idation • 110 E. Routt A	ve. • Pueblo, CO 81004
	Charge my credit	or debit card:		
Please consider	Card Number		Expires	s (mo/year)
donating to help	Card Billing Address			
donating to help Pueblo's families	Signature			
in need of	Name:			
high quality,				
affordable	City:		State:	_ Zip:
health care.	Email:		Phone:	
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